

## Grandma Fancy Molasses

**Nutrition Facts**  
**Valeur nutritive**Serving size 1 tbsp (20 g)  
Portion 1 c. à soupe (20 g)

Amount Teneur	% Daily Value % valeur quotidienne
<b>Calories / Calories</b> 60	
<b>Total Fat / Lipides</b> 0 g	<b>0 %</b>
Saturated / saturés 0 g	
+ Trans / trans 0 g	<b>0 %</b>
<b>Cholesterol / Cholestérol</b> 0 mg	
<b>Sodium / Sodium</b> 10 mg	<b>1 %</b>
<b>Potassium / Potassium</b> 170 mg	<b>5 %</b>
<b>Total Carbohydrate / Glucides</b> 15 g	<b>5 %</b>
Fibre / Fibres 0 g	<b>0 %</b>
Sugars / Sucres 12 g	
<b>Protein / Protéines</b> 0.2 g	
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	2 %
Iron / Fer	6 %
Riboflavin / Riboflavine	0 %
Vitamin B <sub>6</sub> / Vitamine B <sub>6</sub>	2 %
Magnesium / Magnésium	4 %
Copper / Cuivre	2 %

**CANADIAN NUTRITION LABEL (BILINGUAL VERSION) Fig 1**

Serving size of 20 g (1 tbsp) was provided by the client. Saturates, trans fatty acids, cholesterol and fibre were assumed to be zero.